

How are we doing in Wales?

Public Engagement Survey on Health and
Wellbeing during Coronavirus Measures

February 2022

Public Health Wales are conducting a public engagement telephone survey to ask members of the public in Wales how coronavirus and related control measures are affecting their health and wellbeing.

The survey began in April 2020 and currently operates on a monthly basis. It includes a set of routine questions with other questions changing depending on emerging issues.

Survey data are adjusted to represent the Welsh population by age, sex and deprivation*.

We thank the people of Wales for giving us their valuable time to support this work.



1004 Welsh residents aged 18 years and over were interviewed in February 2022*

38%

of people said they were ‘not at all’ worried about catching coronavirus; up from 30% in January 2022.

50%

of people said they were ‘not at all’ worried about losing someone they loved to the virus; up from 38% in January 2022.

76%

of people agreed they felt a strong sense of control over their life. However, 12% disagreed and the remainder neither agreed nor disagreed.

Participants were asked how happy they were with a range of aspects of life in Wales. Being happy refers to scores of 7-10 on a scale from 0 (not at all happy) to 10 (completely happy).

78% of people were happy with their life in general.

69% of people were happy with the NHS in general.

66% of people were happy with the area they lived in.

43% of people were happy with crime control.

34% of people were happy with the Welsh economy.

31% of people were happy with opportunities for children growing up in Wales.

Do you think you have or have had coronavirus?

Yes	33%
Don't know	4%

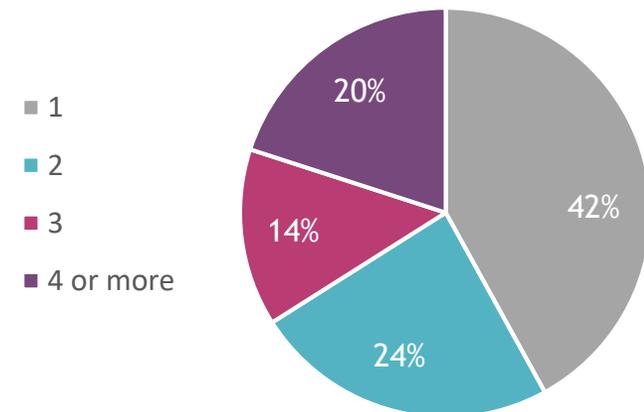
How worried are you that you could get coronavirus?

Not at all	38%
A little	29%
Moderately	20%
Very	12%

Have you had a PCR test or done a lateral flow test in the past 7 days?

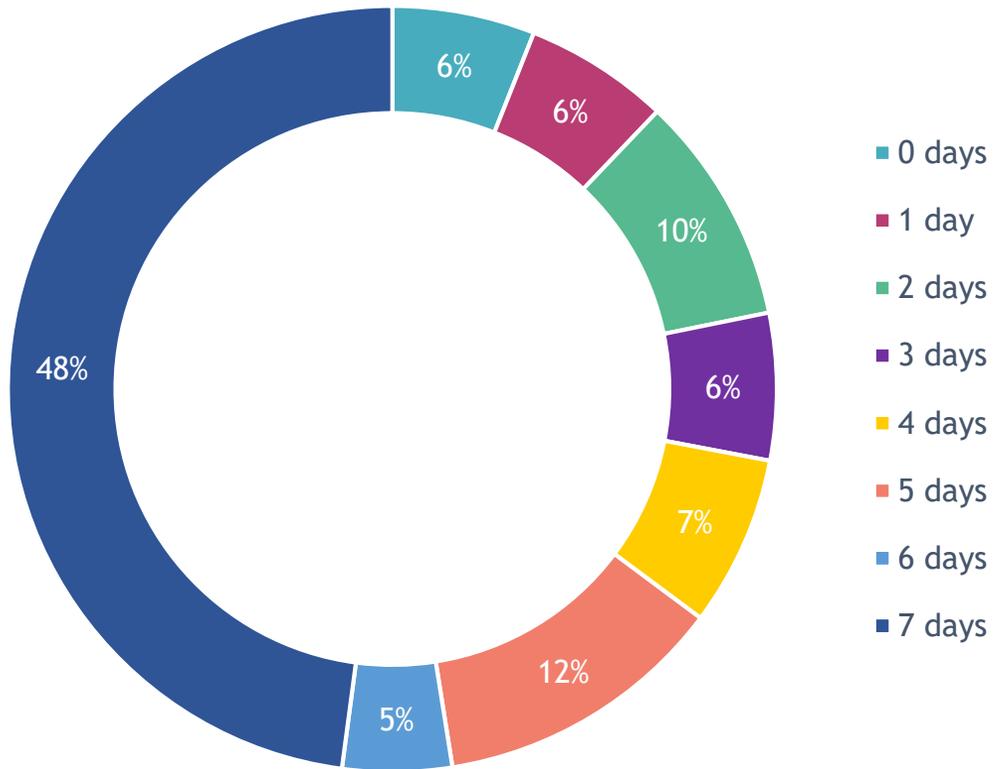
No	58%
Yes, a PCR test	1%
Yes, a lateral flow test	38%
Yes, both a PCR and a lateral flow test	3%

Number of lateral flow tests taken in the past 7 days by those reporting having taken a test*



*Unweighted data, n=367.

In the past 7 days, on how many days have you left your home or garden?



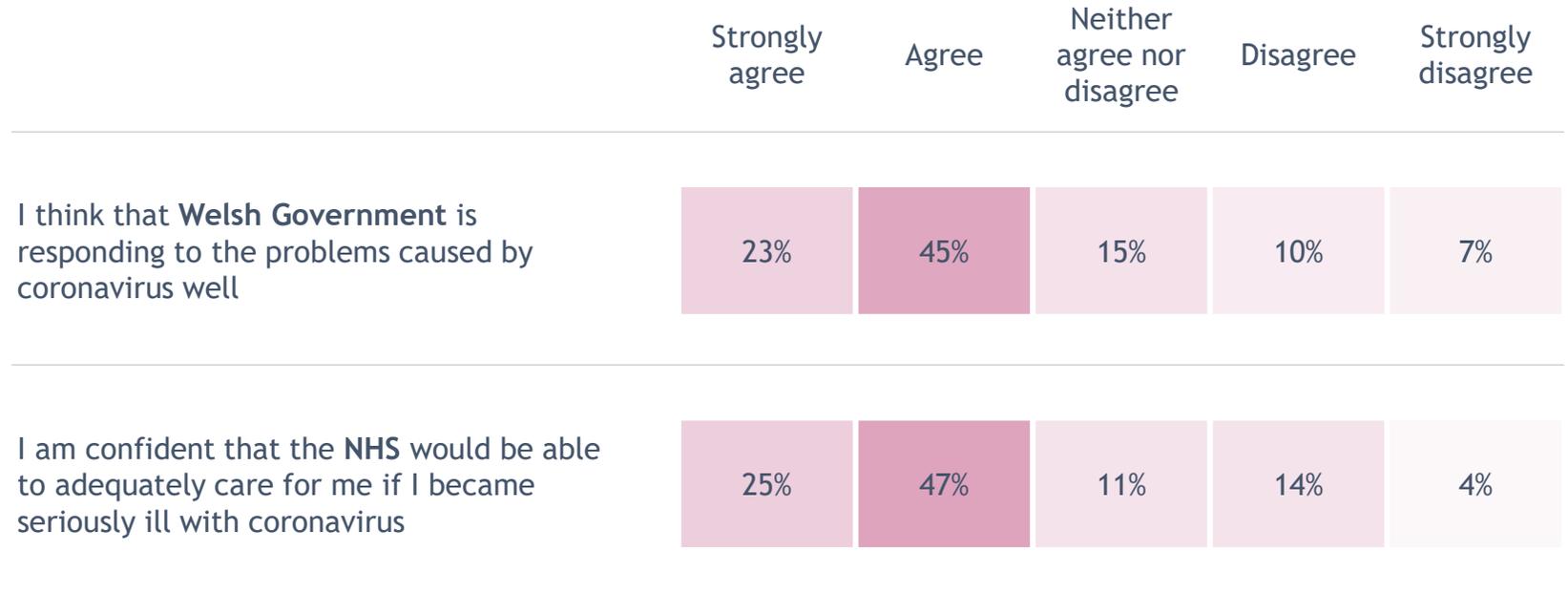
In the past 7 days, on how many days have you left your home...

	0 days	1-2 days	3-4 days	5+ days
...to work	58%	9%	10%	22%
...to shop	17%	50%	22%	11%
...to exercise	38%	20%	14%	28%
...to meet family/friends	39%	35%	17%	10%
...to eat at a café, pub or restaurant	59%	33%	6%	2%
...for a drink in a pub or bar	80%	16%	3%	1%

Over the past week, how much have the following been worrying you?

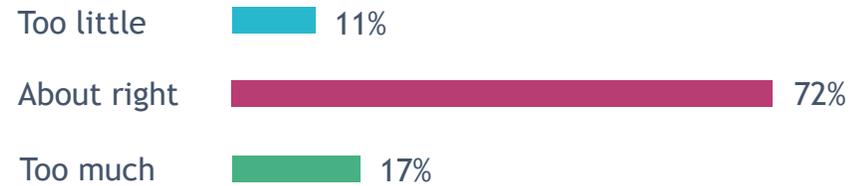
	Not at all	A little	A lot
Other health issues not related to coronavirus	53%	27%	21%
Losing someone you love to the virus	50%	27%	23%
The wellbeing of your children*#~	28%	36%	35%
Your children's education*#~	32%	27%	41%
Losing your job or not being able to find one#~	74%	14%	12%
Your finances	56%	28%	16%
Going out in public places#	47%	38%	16%
The impacts of Brexit	56%	24%	19%

How well are we handling coronavirus?

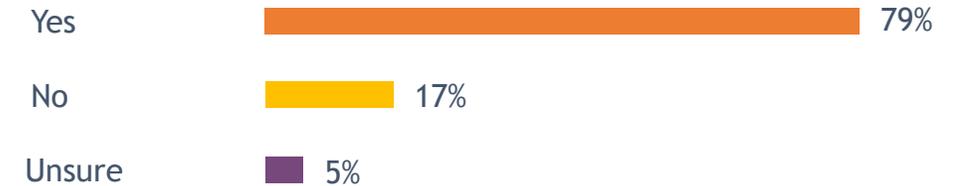


How well are we handling coronavirus?

Do you think the restrictions in place to manage coronavirus are...



Do you support the continued requirement for face coverings in shops and other indoor public places in Wales?



Which of the following, if any, are you doing to reduce your risk of catching or spreading coronavirus?



*Unweighted data, excludes those responding 'not applicable'.

Of this list of potential policy areas, which do you think should be the first, second and third priorities over the next 12 months?

	1 st priority	2 nd priority	3 rd priority	Included in top three priorities
NHS waiting lists	39%	19%	12%	70%
Coronavirus	26%	14%	14%	53%
Mental health	14%	21%	16%	51%
Education	9%	20%	18%	46%
Climate change	7%	8%	18%	33%
Brexit	3%	10%	11%	24%
Unemployment	2%	8%	11%	22%

Using a scale where 0 is not at all happy and 10 is completely happy, how happy would you say you are with the following in Wales?

	0-3	4-6	7-10	NA
The NHS in general	9%	22%	69%	
The Welsh education system	8%	41%	51%	
Crime control	11%	46%	43%	
The Welsh economy	11%	55%	34%	
Opportunities for children growing up in Wales	15%	53%	31%	
The area you live in	9%	25%	66%	
Your social life	14%	30%	56%	
Your work (paid or voluntary)	4%	13%	46%	37%
Your general state of health	7%	27%	66%	
Your life in general	2%	21%	78%	

*NA, not applicable.

Thinking not just about COVID but in general, how much do you trust information from the following sources, using a scale of 0 to 10 where 0 is 'do not trust at all' and 10 is 'completely trust'?

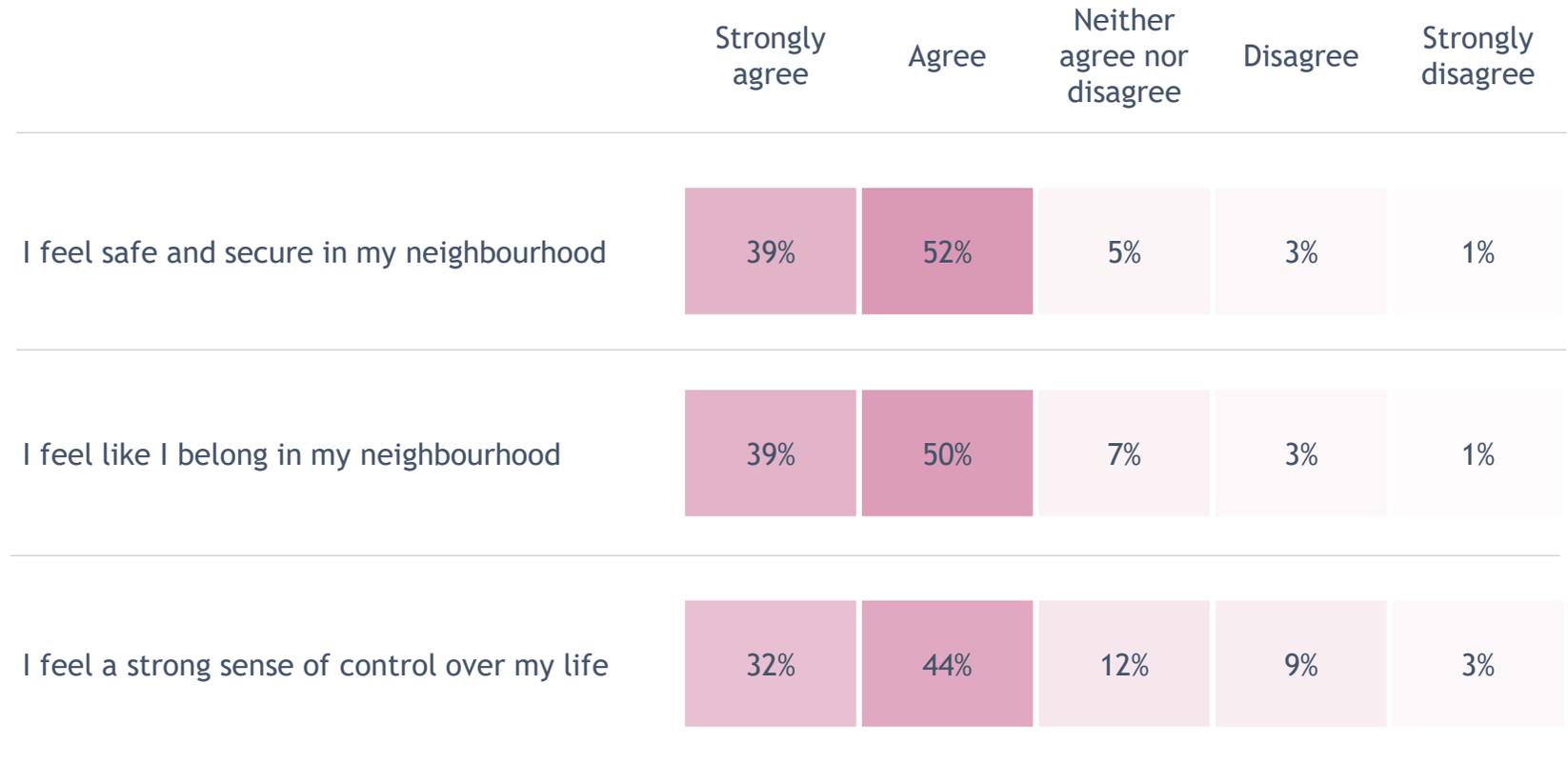
	Low trust		High trust	
	0-3	4-6	7-10	NA*
Welsh Government	11%	21%	67%	2%
Public Health Wales	6%	14%	79%	1%
BBC news sources (including TV & websites)	22%	29%	46%	3%
Other TV news sources	21%	42%	29%	8%
Other online news sources	34%	44%	11%	10%
Social media such as Twitter and Facebook	57%	25%	5%	13%
Newspapers	32%	40%	14%	14%
Family members	10%	36%	53%	1%
Friends	10%	38%	51%	1%

For each source, would you say your level of trust in them has increased, stayed the same or reduced as a result the COVID pandemic?

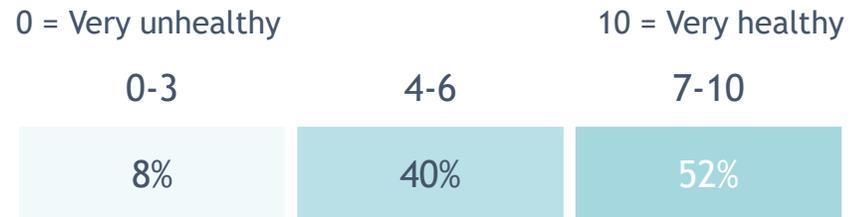
	Increased	No change	Reduced	NA*
Welsh Government	31%	46%	21%	1%
Public Health Wales	34%	50%	15%	1%
BBC news sources (including TV & websites)	9%	57%	31%	3%
Other TV news sources	5%	54%	35%	6%
Other online news sources	4%	44%	43%	9%
Social media such as Twitter and Facebook	3%	36%	49%	12%
Newspapers	5%	51%	32%	12%
Family members	12%	74%	13%	1%
Friends	12%	75%	13%	1%

*NA, not applicable: no opinion, never used. This response category was not read out to participants.

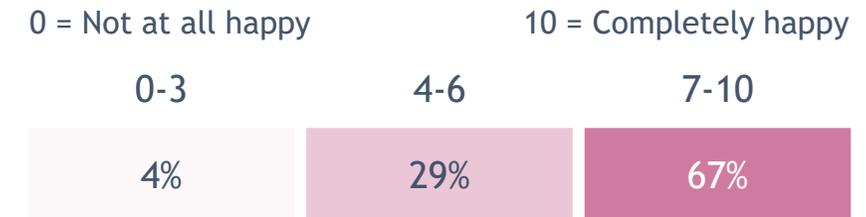
How are we feeling?



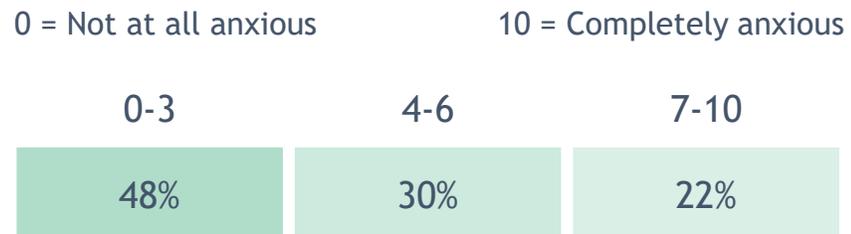
How healthy do you feel today?



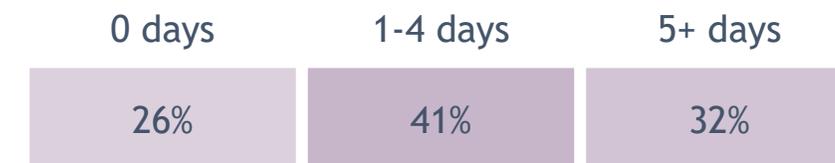
How happy do you feel today?



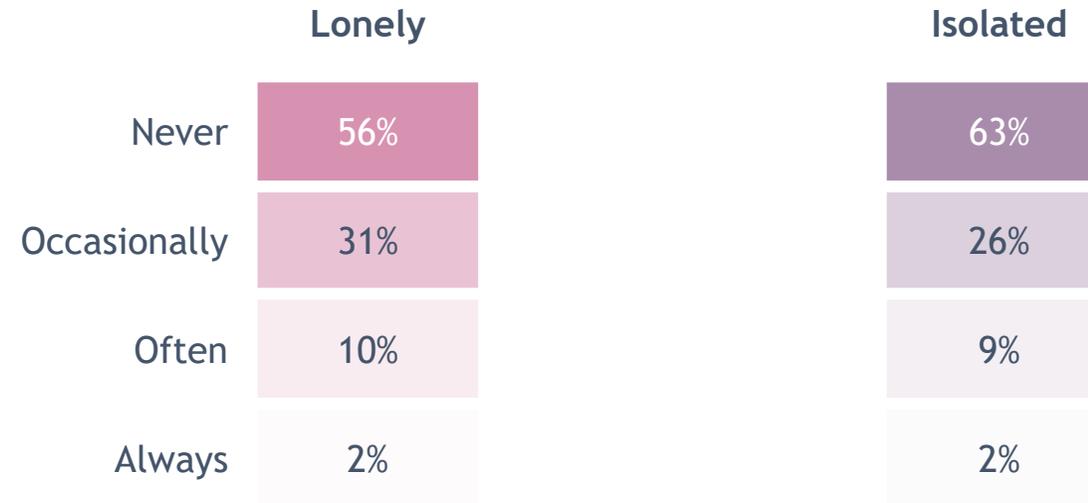
How anxious do you feel today?



On how many days in the last week did you do at least 30 minutes physical activity (enough to make you out of breath)?



In the last week, how often have you felt...



Over the past week, how much has the following been worrying you?



Published 4th March 2022

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How are you doing?

For general information on how to look after yourself, your friends and family during the coronavirus restrictions visit:
phw.nhs.wales/howareyoudoing

