Stay Well in Wales: The public's views on public health

A nationally representative household survey asked 1,001 residents aged 16 years and over about their perceptions of a range of public health issues.

Q

Which public health issues are important contributors to poor health and well-being?*

Q

Which public health issues do public services need to do more to address?*

?

More than 5 in 10 people said

Alcohol abuse

Social isolation

Physical inactivity

Unhealthy eating habits

Lack of employment

Affordability of healthy choices

Lack of screening for adult illness

Poor parenting of children

Drug abuse

Violence

Hospital infections

Health care access

Smoking

Social isolation

Violence Poor parenting Lack of screening Housing of children for child illness

Alcohol abuse Affordability of healthy choices

Drug abuse Physical inactivity

Health care access

Lack of screening employment for adult illness

Air pollution

Unhealthy eating habits

Hospital infections

Top 10 sources of information people in Wales use often to find information to keep themselves healthy and well









Speaking to a doctor or nurse



TV health documentaries



TV news





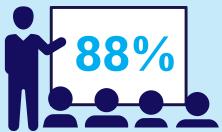






What are the Welsh public's positions on a range of public health priorities?





Agree **schools** should teach children more about how to **live a healthy life**

5% disagree

Agree people should keep

themselves healthy, it's not the

job of public services 6% disagree



Agree the NHS should spend less on treating illness and more on preventing it

15% disagree



Agree they feel safe and secure in their local community 5% disagree

Agree companies and individuals should be made to adopt behaviours to reduce climate change

10% disagree

76%



Agree they **support 20mph speed limits** where they will reduce road traffic injuries

12% disagree

34%

Agree **their GP** usually talks to them about how to **live a healthier life**

50% disagree



Agree they worry when they visit a hospital that they might pick up an infection

Agree advertising of unhealthy foods to children should be banned to reduce childhood obesity 13% disagree

470/0
Agree advertising of alcohol should be banned to reduce alcohol problems

Agree parents should be given professional advice on how to raise their children well

23% disagree

If public services had *extra money* to spend, the public would prefer to spend it on:

26% disagree

50%

Improving health in all families equally, regardless of income

25%

Improving health in the poorest families

25%

Mainly improving health in the poorest families but with a similar amount spent on others as well

0%

Improving health in wealthier families

55%

Children

(0-15 years)

20%

Young people

(16-24 years)

7



48% disagree

9%

Adults (25-64 years)

16%
Older adults

(65+ years)

The Stay Well in Wales nationally representative household survey interviewed 1,001 people (aged 16+ years) from across Wales at their homes in 2017. Randomly selected households were invited to participate through a letter; 6% of households opted out at this stage. Of those eligible to participate, 76% agreed to take part and we are grateful to all those who freely gave their time. All analyses have been adjusted to national population demographics. The information in this infographic is taken from **Stay Well in Wales: The public's views on public health. Findings from the nationally representative household survey.**



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