

How are we doing in Wales?

Public Engagement Survey on Health and Wellbeing during Coronavirus Measures

Public views on maintaining safety outside of the home and Week 7 (18th to 24th May 2020) routine data



Public Health Wales are conducting a public engagement telephone survey to ask members of the public in Wales how coronavirus and related control measures are affecting their health and wellbeing.

The information collected from 500 or more randomly selected individuals provides the basis of the results presented in each weekly report.

The survey aims to provide data representative of the Welsh population and data are adjusted to represent the Welsh population by age, sex and deprivation.

In some weeks, new questions are added and others removed, depending on emerging issues at that time.

This week's report contains some routine measures seen in previous reports alongside questions that focus on recovery (how coronavirus related measures may be eased in coming weeks and months).

We thank the people of Wales for giving us their valuable time to support this work.





653 Welsh residents aged 18 years and over were interviewed in week 7 of the survey (18th to 24th May).

Findings this week focus on recovery, i.e. people's views on how coronavirus related measures could be eased or strengthened in the coming weeks and months.

72%

40%

51%

of people think the restrictions in place to manage coronavirus are about right - similar to last week. of people support shops reopening in the next three weeks unchanged from last week.

of people support non-essential workers returning to work in the next three weeks - up from last week.

16%

of people support school reopening in the next three weeks. **45**%

of people with children in the household are worried a lot about their children's education.

61%

of people worry a lot about losing someone to the virus.

1 in 10 (9%)

men think major sporting events and concerts should be able to run within the next three weeks but only 3% of women.

10%

of people wear face masks most of the time when going out but half (52%) think people should be made to wear facemask as current restrictions are lifted

Charity shops (50%) and hairdressers and barbers (47%) are seen as priorities to re-open when restrictions are relaxed.

54%

of people would find it acceptable if infection levels went up a little as restrictions were removed.



About coronavirus

| | 13% |
|------------|--------------------------------|
| Don't know | 6% |
| Not at all | 15% |
| A little | 29% |
| Moderately | 38% |
| Very | 19% |
| Yes | 13% |
| | A little Moderately Very |

^{*}hospitalised or died



How well are we handling coronavirus?

Do you think the restrictions in place to manage coronavirus are...

Too little 16%

About right 72%

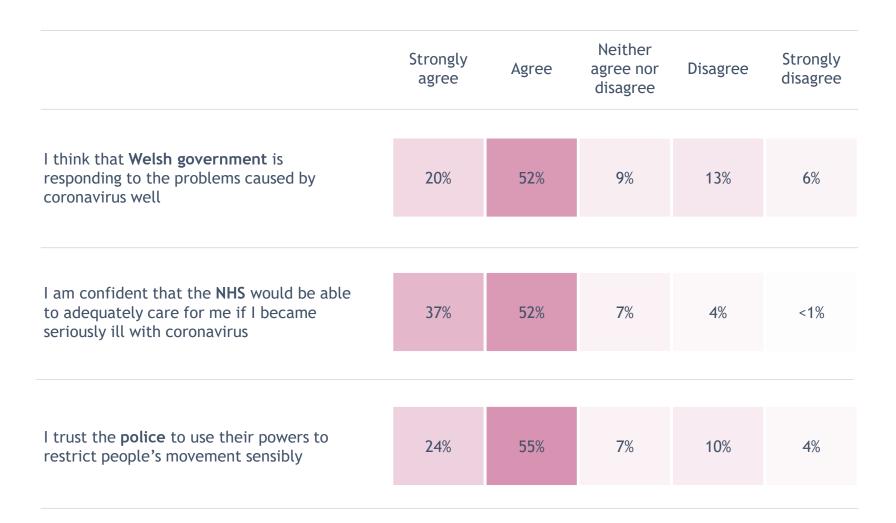
Too much 12%

I would prefer to stay in lockdown until there is no chance of catching coronavirus

Agree 52%

Disagree 32%

Undecided 16%





Next stages in recovery?

Which of the following do you find acceptable?

| | Yes | No | Unsure |
|--|-----|-----|--------|
| Using a government tracking app that alerts you if you have been near someone that has coronavirus | 79% | 13% | 8% |
| People that deliberately disobey social distancing measures being fined | 94% | 4% | 2% |
| Infection levels going up a little as a result of some restrictions being removed | 54% | 36% | 10% |

As the current restrictions are lifted, which measures do you think should be put in place to protect people?

| | Yes | No | Unsure |
|---|-----|-----|--------|
| People should be made to maintain social distancing when outside | 95% | 3% | 2% |
| People who leave their homes should be regularly tested to see if they have the virus | 64% | 22% | 13% |



Next stages in recovery?

When do you think the following changes should happen*?

| Within | the | next 3 | weel | ۷5 |
|---------|-----|---------|-------|----|
| * * C | UIL | IICAL J | ** CC | 13 |

| | All | Male | Female |
|--|-----|------|--------|
| Schools should re-open | 16% | 19% | 13% |
| Shops should re-open | 40% | 43% | 38% |
| Restaurants, pubs and bars should re-open | 11% | 13% | 9% |
| Non-essential workers should be able to return to work | 51% | 52% | 50% |
| People should be allowed to use public spaces like parks and beaches freely if social distancing is maintained | 65% | 67% | 64% |
| Major events like sports & concerts should be able to run | 5% | 9% | 3% |
| Social distancing should be ended | 8% | 10% | 7% |

In more than 3 weeks

| All | Male | Female |
|-----|------|--------|
| 84% | 81% | 87% |
| 60% | 57% | 62% |
| 89% | 87% | 91% |
| 49% | 48% | 50% |
| 35% | 33% | 36% |
| 95% | 91% | 97% |
| 92% | 90% | 93% |



Next stages in recovery?

Which of the following do you think should be in the priorities to re-open when restrictions are relaxed? (% yes)

| n the DIY stores | 80% |
|--|-----|
| Libraries | 62% |
| Charity shops | 50% |
| Hairdressers and barbers | 47% |
| Clothes and shoe shops | 35% |
| Leisure centres and gyms | 33% |
| Car show and sales rooms | 32% |
| Children's clubs for sports, dance, socialising etc. | 30% |
| Cafes and restaurants | 22% |
| Holiday accommodation (e.g. AirBnB) | 17% |
| Pubs and bars | 14% |





| Currently, when you go out, do you wear a face mask. | Currently, | when | you go | out, | do you | wear | a | face | mask. |
|--|------------|------|--------|------|--------|------|---|------|-------|
|--|------------|------|--------|------|--------|------|---|------|-------|

| Most of the time | 10% |
|------------------|-----|
| Some of the time | 16% |
| Never | 61% |
| Not applicable* | 12% |

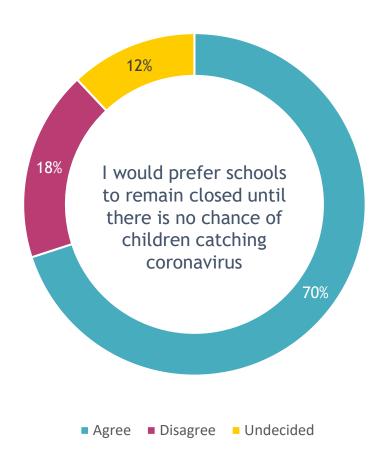
* do not go out

As the current restrictions are lifted, which measures do you think should be put in place to protect people?

People should be made to wear face masks in public places

| Yes | 52% |
|--------|-----|
| No | 31% |
| Unsure | 17% |



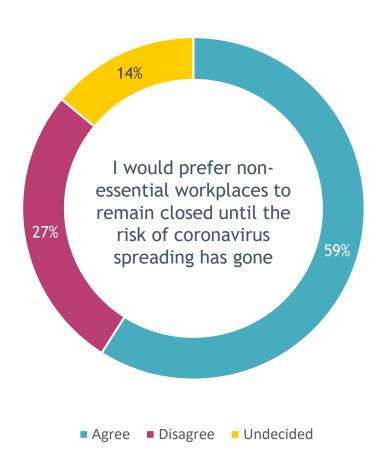


To make it safe for schools to re-open, which of these measures would you support?

| | Yes | No | Unsure |
|---|-----|-----|--------|
| Children having to wear masks whilst at school | 31% | 53% | 16% |
| Children having their temperature taken when they arrive at school | 87% | 9% | 5% |
| Children going to school on fewer days to keep pupil numbers low | 82% | 12% | 6% |
| Return to school being just for primary schools, at least for the first few weeks | 47% | 42% | 11% |
| | | | |



Workplaces



To make it safe for people to return to work, which of these measures would you support?

| | Yes | No | Unsure |
|---|-----|-----|--------|
| People having to wear face masks when working indoors in shared spaces | 78% | 14% | 7% |
| Social distancing measures being required in all workplaces | 93% | 5% | 2% |
| People being required to have their temperature taken at work | 84% | 9% | 6% |
| Testing for the virus being easily available to anyone feeling unwell at work | 97% | 1% | 2% |
| Altering people's hours of work to reduce the number of people working at any one time (e.g. working in shifts) | 88% | 4% | 7% |



Public transport and shops

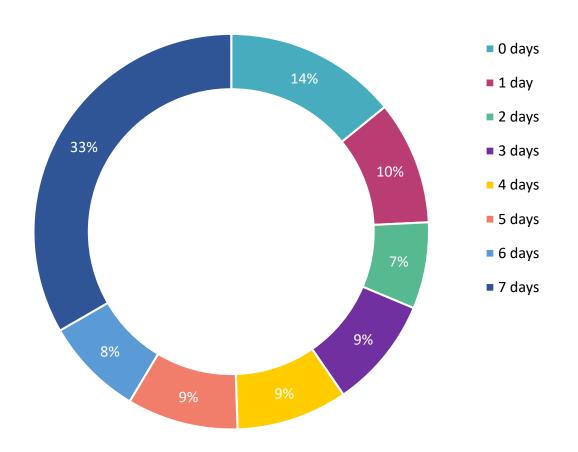
As the current restrictions are lifted, which measures do you think should be put in place to protect people?

Public transport Opening shops Yes No Unsure Yes No Unsure People on public transport should be People working in shops should wear face 87% 8% **5**% 83% 11% made to wear face masks masks or visors Public transport providers should ensure Shops should be required to put social 93% 3% 4% 98% 1% <1% there are safe spaces between passengers distancing measures in place People should not share cars with people 72% 19% 9% they do not live with



How are we behaving?

In the past 7 days, on how many days have you left your home?



Are you currently self-isolating due to yourself or someone else in your household having symptoms or being in a high risk group?

Yes 30%



What are we worried about?

Over the past week, how much have the following been worrying you?

| | Not at all | A little | A lot |
|---|------------|----------|-------|
| Losing someone you love to the virus | 12% | 27% | 61% |
| The wellbeing of your children*~ | 17% | 29% | 54% |
| Your children's education*~ | 21% | 34% | 45% |
| A health condition not related to coronavirus | 65% | 21% | 13% |
| Losing your job or not being able to find one#~ | 61% | 25% | 14% |
| Work, even if your job is secure#~ | 45% | 34% | 21% |
| Your finances | 61% | 25% | 14% |

As a result of coronavirus, have you or anyone in your household...

| | Yes |
|--|-----|
| Been suspended from work on lower or no pay (e.g. furloughed) | 27% |
| Had their income considerably reduced through getting less work or reduced hours | 15% |
| Experienced any other financial impact on the household due to coronavirus | 10% |



How are we feeling?

| Feeling healthy | | 0-3 | 4-6 | 7-10 |
|-----------------|---|--------|----------|---------|
| | How healthy do you feel today? 0 = Very unhealthy; 10 = Very healthy | 5% | 33% | 63% |
| Feeling happy | | 0-3 | 4-6 | 7-10 |
| | How happy do you feel today? 0 = Not at all happy; 10 = Completely happy | 5% | 25% | 70% |
| Feeling anxious | | 0-3 | 4-6 | 7-10 |
| | How anxious do you feel today? 0 = Not at all anxious; 10 = Completely anxious | 46% | 36% | 18% |
| Exercise | | 0 days | 1-4 days | 5+ days |
| | On how many days in the last week did you do at least 30 minutes exercise (enough to make you out of breath)? | 24% | 37% | 40% |



How are we feeling?

In the last week, how often have you felt...

| | Lonely | Isolated |
|--------------|--------|----------|
| Never | 64% | 40% |
| Occasionally | 26% | 41% |
| Often | 7% | 14% |
| Always | 4% | 5% |
| | | |

Over the past week, how much have the following been worrying you?

Your mental health and wellbeing

| Not at all | 49% |
|------------|-----|
| A little | 39% |
| A lot | 12% |



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For general information on how to look after yourself, your friends and family during the coronavirus restrictions visit:

www.phw.nhs.wales/howareyoudoing

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